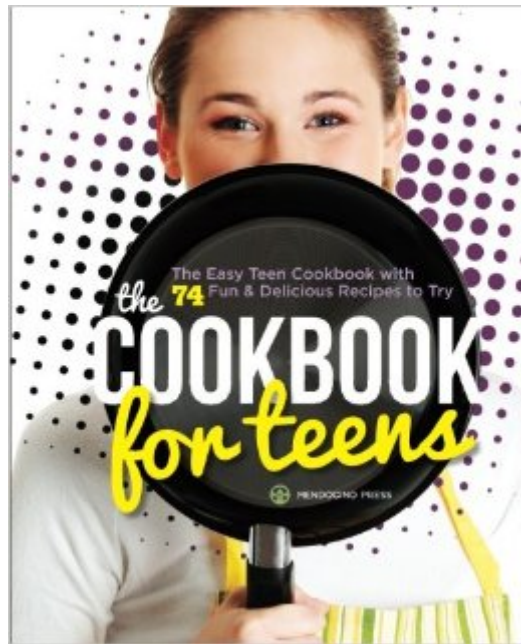


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# Cookbook For Teens: The Easy Teen Cookbook With 74 Fun & Delicious Recipes To Try



## Synopsis

Become a kitchen whiz with *The Cookbook for Teens: The Easy Teen Cookbook*. Even the world's top chefs had to start somewhere. This teen cookbook is the perfect introduction to the art of cooking, even for teenagers who have never cooked more than a slice of toast. With this teen cookbook you will learn introductory preparation and cooking techniques, how to read recipes, and how to shop for groceries. Once you are comfortable in the kitchen, you will learn how to make their own easy dishes, with simple teen cookbook recipes for appetizer and entrées and snacks. After you have mastered the fundamentals, *The Cookbook for Teens: The Easy Teen Cookbook* will walk you through preparing a three-course meal that will completely wow your friends and family. Having a teen cookbook in your kitchen will make the cooking accessible for any teenager, with 74 easy-to-follow teen cookbook recipes, such as Bacon and Cheese Risotto and Deep Dish Spaghetti Pizza, 25 basic cooking techniques to make you a kitchen pro, 27 essential kitchen tools, a guide to grocery shopping on your own, 12 key safety tips for everything from chopping to baking. With easy directions and delicious recipes, *The Cookbook for Teens: The Easy Teen Cookbook* is the perfect resource for teens who want to start getting creative in the kitchen.

## Book Information

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## Customer Reviews

I love the idea of a cookbook for teens. I love the idea of them cooking and me complaining about the food instead of the other way around. So I was eager to preview the cookbook. Mistake 1: Teens jump in. They are not going to read the first 2 instructional chapters. Mistake 2: Since they didn't read the first 2 chapters, they need more guidance with the recipes. When you say

sauté, put the definition of sauté in a box to the right of the recipe. Mistake 3: They don't want to make Leaky Chicken or Coconut & Curry Soup. They want to make Mac & Cheese and Quesadillas. Mistake 4: There is no glossary of cooking terms. This cookbook is a recipe for disaster - that you'll have to clean up.

The beginning of the book has some great information on cooking terms and tools; however, it was almost too much information for a novice to absorb. There were many easy recipes, but most of them seemed to have a lot of ingredients, which might be overwhelming for a beginner or teenager. What I loved about the book is the great job it did teaching versatility in cooking--that you can interchange ingredients to suit your tastes and can substitute items with what you have on hand. Overall, I'd recommend this book for any teenager who has an interest in learning to cook.

I'm a teen who knows my way around the kitchen (at least decently so!) and I've tried two recipes out of this book. I'm a fan of their recipes for a one person for dinner, most of which don't require a whole lot of prep. I made "White Angel Hair" which had a delicious creamy and cheesy sauce. One of my girlfriends and I doubled it and had it for dinner-- it hit the spot. As someone who has done her fair share of cooking, this wasn't a challenging recipe, but it's helpful to have the proportions for spice and cheese. I also went for the chocolate chip cookie recipe. Mmmm :) This would be good for teens who are working their way up to cooking for themselves, especially because it gives you some pointers on shopping, such as how to keep your cost down. I'm not sold on the way it sneaks in whole wheat flour and vegetables for some recipes, but since I'd probably use them anyways, it's probably not a bad idea. Bonus: This book has a full-blown glossary of cooking terms and conversions, as well as a thorough list of required cooking equipment.

If you have a teenager preparing to embark on a journey to college and living outside the comfort and ease of homemade meals--get them this cookbook! This book is filled with tips and recipes for the young chef. Chapters cover the most pressing food needs of a teenager: meals for one, quick and healthy snack options and recipes for entertaining that won't break the bank. There is also a glossary of common cooking terms for easy reference. This cookbook doesn't really speak to my current cooking lifestyle or any particular cuisine or food fad but it is definitely a reference that I would have wanted when I first began cooking for myself. I have many memories of failed cooking experiments and realize that having a cookbook like this would have helped me avoid those inedible mistakes.

way too complicated for a basic teen. I was looking for a more beginner style cookbook. Something to teach a teenager how to get cooking some of their favorite recipes. This cookbook is beyond complicated. Not a good option for a beginner.

I purchased this cookbook as a gift for my cousin who is a junior in High School and just getting interested in bringing desserts to the family parties. It made a great gift, and I ended up reading the entire thing and using some of the recipes! (the scones are delicious! & I'm looking forward to trying pumpkin turkey chili) I like how the book is very informative and provides recipes that are still challenging. The dictionary of terms, important kitchen utensils, and the safety sections are all wonderful. I was impressed with the separate dinner sections too - cooking for one, or cooking for a crowd, both of which provided plenty of appetizing and unique recipes. I wish I had read this book a decade ago - it would have saved me a lot of trial and error headaches in the kitchen that I had to learn the hard way.

This is a fun and practical cookbook for any age really. I love that the recipes are fun, like vegetable brownies, but also don't contain a lot of ingredients, so they are simple and easy to follow. I appreciate how it categorizes the recipes, and the measurement conversions in the back are particularly useful - for anyone! This book would make a great gift for a teenager. The only thing it lacks is pictures.

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